

Arts'n'Care 08

**Showcasing the effective use of the arts
in social and health care for children and young people**

50 SPACES FREE TO YOUNG PEOPLE

Wednesday 29 October 2008

**The Trident Technology and Business Centre,
Leamington Spa, Warwickshire**

9.30am – 4.30pm

**"It's a
fantastic day.
Inspiring
and fun"**

Arts'n'Care 2007
delegate

**"Brilliant
Day"**

Arts'n'Care 2007
delegate

"Superb"

Arts'n'Care 2007
delegate

Music
Dance
Poetry
Performance
Drama
Art Therapy
Writing
Comedy
Radio Presenting
Exhibitions



BE INSPIRED: BE ENTERTAINED: BE THERE

**Book today on 01332 780 096 or e-mail office@rightthing.co.uk
Or book on-line: www.rightthing.co.uk\booking.html**

"The arts are a chance to do something different; a chance to shine"

The creative arts are an inspirational way to work with children and young people. Through creating something unique, the arts can help young people improve their skills in, and understand the value of, participation, teamwork, communication, negotiation and decision-making while boosting their well-being, confidence and self-esteem.

Sensitive issues – such as sexual relationships, domestic violence, self-harm, addictions, bullying and peer pressure - can be explored in a safe arm's length way. And, of course, the value of using the arts therapeutically is well documented.

By engaging young people, the arts can often open children and young people up to change – the first step on the way to improving their health and lifestyle. And let's not forget the power of the arts as a tool to improve the personal and team development of those who work with children and young people.

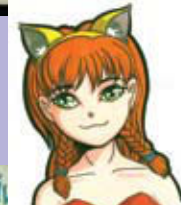
So, come to watch; come to listen; come to learn; and definitely come to take part. And come to terms with what we all need to do and let the arts make a dramatic difference to your work.



OUR PROGRAMME*

- 8.45** Registration opens
- 9.30** Introduction and welcome;
- 9.40** Keynote presentation and performance by Lemn Sissay
- 10.10** Workshop 1
- 11.30** Break
- 11.50** Workshop 2
- 1.10** Lunch – entertainment
- 2.10** Workshop 3
- 3.30** Break
- 3.50** Reflections on the day
- 4.00** Closing performance by rap star Klumzy Tung
- 4.30** Ends

*** watch out for latest updates on our website: www.rightthing.co.uk**



Come to watch, listen, learn and take part with...

Poetry

Lemn Sissay

The brilliant poet and playwright, who lived in care, will set the day up for us with a live performance! Don't miss it!
"His poems are the songs of the street, declamatory, imaginative, hard-hitting..."
The Independent on Sunday;
"His name is magical, his poems are songs of the street" *The Independent*
www.lemnsissay.com

Radio

Presenting on the Radio

Radio 1 and Radio 1xtra's entertainment reporter, Greg McKenzie, who spent his teenage years in care, will run a workshop on radio presenting

Dance

CandoCo

CandoCo is a contemporary dance company of disabled and non-disabled dancers, aiming to produce creatively ambitious, entertaining and inspiring performances that push the boundaries and broaden people's perception of what dance is and who can dance.
"We want to excite by being daring, inspire by being excellent and question by being diverse"
www.candoco.co.uk

Drama

Drama! Developing skills - Challenging attitudes Personal Development of Learners Team, Nottinghamshire County Council

Using multi-agency planning to develop bespoke drama based training for professionals working with and for young people.

Art

Flourish - showcasing artwork by looked-after children and young people

Flourish is the first national programme to promote artwork by young people with such a diverse history of care, with a valuable insight into approaches to working in this context.
"... [Flourish] offers the public a glimpse beyond statistics; to witness how art can create positive means of expression no matter what an individual's background may be."
www.flourish-art.org

Art

Art therapy for 5-16 year olds

Natalie Long is an art therapist for North Derbyshire Women's Aid working with young people who have experienced domestic violence

Music

To Drum For

This workshop will offer the opportunity to experience the therapeutic benefits of drumming first hand. Participants will be encouraged to use their voices along with percussion instruments and drums.
www.todrumfor.com

Arts Consultation

What do young people with a learning disability want from the arts? Mencap

A practical workshop working with young people to find out their views on 'the arts and leisure'. What do they do now, what do they want to do, what do they like and dislike, what happens after school, what stops them doing the things they want to do? How can we use what they say to influence and develop inclusive arts practice?
www.mencap.org.uk

Drama

Developing emotional language & conflict resolution skills with children & young people Wolf + Water Arts Company

This participatory drama, mask & role play based workshop looks at how active techniques can be used with children and young people to develop a deeper emotional language which helps them understand and explore their own and others behaviours and to manage and resolve conflict situations.
www.wolfandwater.org

Writing

Expressive writing for children and young people

Kate Thompson is a journal therapist and counsellor, and vice-chair of Lapidus, an organisation promoting the use of the literary arts for personal development.
www.lapidus.org.uk

Graphics

Engaging children The Children's Participation Consultancy

An active session sharing the simple use of graphics to increase and enhance children's engagement
www.childrensparticipation.co.uk

Drama

Place of Safety Gripping Yarns Theatre Company

This innovative storytelling project for primary schools will address issues relating to personal safety presented by the new digital technologies.
www.grippingyarns.co.uk

Dance

Engaging looked after children in dance - DanceXchange

This workshop will offer an insight into improving fitness, communication skills and boosting confidence by engaging looked after children in dance activity.
www.danceexchange.org.uk

Drama

Out of Harm's Way Gripping Yarns Theatre Company

This is concerned with how children and young people faced by distressing, frightening or threatening situations and events can sometimes respond in ways which self-harm or damage themselves.
www.grippingyarns.co.uk

Art

Manga drawing (Japanese comic art)

In this workshop led by artist and arts development officer, Simon Crook, you will produce a full colour Manga illustration using a step-by-step guide that anyone can follow. No previous experience of drawing is necessary! The artist will also share useful information on delivering sessions in a variety of settings.

Circus Skills

Cirque Nova

Juggling and acrobatics - this participative workshop demonstrates the many benefits to learning circus skills such as increased physical strength and flexibility.
www.cirquenova.com

Music

Boosting your confidence through rap

The lyrically positive, socially aware and thought provoking approach Klumzy Tung delivers through his live performance, studio tracks and radio freestyles has helped make him stand out among the army of emcees working within the industry. He has recently begun performing at youth centres helping young people to develop their skills as musicians and tackle difficult subjects. Klumzy Tung offers an alternative to the 'gritty gangster' image stereotypically served up by the media.
www.globaltolerance.com

We will be adding more to the programme over the coming months - so check our website - www.rightthing.co.uk - for the latest news on Arts'n'Care 2008

For information about running a stall in our exhibition area, please contact us
office@rightthing.co.uk

HOW TO BOOK A PLACE

- **book on-line:** visit www.rightthing.co.uk/booking.html
- **e-mail us for a booking form:** office@rightthing.co.uk
- **call us:** 01332 780 096
- **fax us:** 01332 780 096
- **write to us:** 73 Church Street,
Denby Village, Derbyshire DE5 8PH

We just need to know:

Your name

Your job title (*if you have one*)

Your contact e-mail or postal address

Your billing e-mail or postal address (*if different*)

And whether you have any special food, drink or access needs.

How much?

For the first 50 young people to apply – Arts'n'Care 2008 is completely free*

For all other young people it is £50 each

For everybody else it is £125 each

**Up to three young people may accompany any full-paying delegate free of charge. We have 50 free places available – first come, first served. Additional young people can attend at a subsidised cost of £50 each.*

Payment and cancellation terms

We will invoice you upon booking. Terms are strictly 30 days. Cancellations must be made by 29 September or else full fee will apply. Substitutions are, of course, welcome.

Arts'n'Care 2008

This year our event is being run over two days:

Wednesday 29 October is for the effective use of the arts within children and young people services; while Thursday 30 October is for adult services.

To find out more visit: www.rightthing.co.uk

"Fantastic atmosphere – left feeling invigorated. Got some good ideas to use with the young people I work with."

Arts'n'Care 2007 delegate



"Very enjoyable and full of ideas and inspiration"

Arts'n'Care 2007 delegate



"Thanks for a brilliant day, very inspiring! I've come home with lots of ideas to apply to my work settings."

Arts'n'Care 2007 delegate

"An inspiring day with some impressive work being showcased and a great opportunity to network and share ideas. Please do another next year!"

Arts'n'Care 2007 delegate

"Thanks for a fantastic and inspiring day yesterday. I am still on a high!"

Arts'n'Care 2007 delegate

do **therightthing** ----

About us

We are not the usual type of company. Everything we do is aimed at improving everyday practice because this, in turn, can help improve the everyday lives of those people who matter most: those who use social and health care services. We do things differently, informally and with a smile because we love our work and we believe in it. We are a new, small company and sometimes we will make money. And sometimes we will lose money. But we will always do the right thing.